

Maquoketa Chamber Presents...

Post – Race Activities

Post-race celebration at the Decker Hotel –
11:30 AM

Race Day Schedule

Drop off gear at exchanges	6:15 AM
Registration at Canton opens	7:00 AM
Pre-race Briefing	7:20 AM
Rec. canoe wave begins	7:30 AM
Racing canoe wave	8:00 AM
Post-race celebration	11:30 AM
Awards Ceremony	12:30 PM

*Transportation provided back to vehicle
after finish.*

Lodging: Comfort Inn, Decker Hotel, Super 8,
Squiers Manor Bed & Breakfast,

Camping: Horseshoe Pond, Maquoketa Caves State
Park, and Eden Valley

Sponsors:

Gold Sponsors:

Alliance Pipeline; Black Hills Energy; Maquoketa
Area Chamber of Commerce; Maquoketa State Bank;
Nissen-Caven Insurance and Real Estate; and Smiles
On Main

Silver Sponsors:

Jackson County Abstract Company; Medical
Associates of Maquoketa; Timber City Chiropractic;
U.S. Bank, and Wal-Mart

Bronze Sponsors:

Anderson Canoe Rental; Brian Aunan, CPA; Dawn's
Diner; Decker Hotel & Restaurant; DuTrac
Community Credit Union; Fawn Brook Estates; Iowa
Bank; Osterhaus Pharmacy; Schueller & Sons
Reconstruction; and Timber City Trophy & Shirt
Works

Other Sponsors: Breuch Law Office; Breitbach
Floor Covering; & Massage Therapy Clinic



**10th Annual Timber City
Adventure Race
Saturday, June 27, 2009**



**Start: 7:30 AM at
Canton, Iowa
Finish at The Decker Hotel
Downtown, Maquoketa, Iowa**



Order of Race:

Canoe 8 miles / Bike 14 miles / Run 5 K

ENTRY FORM

TIMBER CITY ADVENTURE RACE

Registration opens at 7 AM at Canton. Race starts at 7:30 AM at Canton. Recreation class starts first. Race ends at the Decker Hotel, downtown Maquoketa. You must provide your own equipment (bike, helmets, paddles [double bladed are allowed], life jackets, canoe, etc.) If canoe, life jacket and paddles are needed, send an extra \$30 ASAP as canoe rental is limited.

TEAM COMPETITION

2 PERSON TEAM: Consists of 2 members who do all legs of the race. Finish time is average of both members times

4 PERSON TEAM: Relay style. Must have 2 women, 2 men for mixed class.

You cannot do both individual and team competitions.

RECREATION DIVISION

Individual: Male/Female

2 person team: Men/Women/Mixed

4 person team: Men/Women/Mixed

Age Brackets:

34 & below, 35-49, 50+

2 person team (average age)

4 person relay: Men/Women/Mixed (All Ages)

SPECIAL DIVISION – RACING

No age classes.

DIVISIONS: (same as Recreation Class) Individual, 2 person team, 4 person relay teams

Cash prizes:

Individual 1st Place \$50 2nd Place \$25

2/4 Person Team 1st Place \$80 2nd Place \$40

Cash Prizes – racing division only.

AWARDS

Top two teams in each category (Male, Female, Mixed)

THE RACE

The Canoe... is an 8 mi. course on the Maquoketa River beginning at Canton. You will wind below towering limestone bluffs and through secluded valleys on scenic route to Royertown Bridge access. This is the 2nd bridge you will come to. Exit on left side, carry canoe past clear zone, run up drive to get bike or tag biker if on relay team. In transition area, biker must be stationary at time of tag.

(Rec. canoes must be 18 feet or less in length and/or weigh over 50 pounds)

The Bike... A 14 mile course that starts with a challenging incline – one of the steepest in Jackson County, continues with several rolling hills, a steep decline with sharp right turn at the bottom and long flats to gather speed. Biker must follow all traffic laws, **including stop at Highway 61 before crossing.** Runner can start with no hand tag.

(No drafting allowed)

The Run... is a 5K (3.1 mile) mostly flat course starting at Hurstville. Head south on old Highway 61, straight into Maquoketa, turn left for run route along river, loop back to Main Street, and finish at the Decker Hotel.

Water will be available at each exchange (and on run course). Volunteers will be stationed throughout the course.

Showers available at Maquoketa Area Family YMCA. **Towels will not be provided.**

Additional entry forms at
www.maquoketachamber.com

(CIRCLE ONE):

Individual

2 Person Team: Mixed Men Women

4 Person Team: Mixed Men Women

(CIRCLE ONE):

Division: Racing Recreation

Individual/1st Canoeist

Name _____ M/F ____

Age _____ Address _____

City _____ State/Zip _____

Phone _____ **Shirt (circle one) M L XL**

E-mail: _____

2nd Canoeist (if applicable)

Name _____ M/F ____

Age _____ Address _____

City _____ State/Zip _____

Phone _____ **Shirt (circle one) M L XL**

E-mail: _____

Biker

Name _____ M/F ____

Age _____ Address _____

City _____ State/Zip _____

Phone _____ **Shirt (circle one) M L XL**

E-mail: _____

Runner

Name _____ M/F ____

Age _____ Address _____

City _____ State/Zip _____

Phone _____ **Shirt (circle one) M L XL**

E-mail: _____

FEES: \$30 for Individual/\$50 for 2 person/\$80 for 4 per. relay
Canoe Rental Yes / No (If yes, add \$30 rental fee)
Make checks payable to Maquoketa Chamber

FREE T-SHIRT IF REGISTERED BY JUNE 12TH!

I understand that I (and my teammates) will be required to sign an additional acknowledgement-liability release form when I register.
Signature _____ Date _____

(Individual participant/team captain)

How many years have you participated? _____